Mark Hubbard is a Wellness Educator, Speaker, and Founder/Director of  MKH Healing Arts in Smithtown, New York: a Center for Wellness Education and Holistic Health Practices.

Mark has been a Polarity Therapy student since 2003 and honors his primary teacher and mentor Heather Principe, a senior elder in the Polarity Community - along with supporting teachers Gary Strauss, Phil Young, Wendy Newton, and Elizabeth Ferrara.

After nearly 20 years of training and practitioner experience, Mark's credentials include the BCPP designation from the American Polarity Therapy Association and a PTP designation from the International Polarity Education Alliance. Mark has been serving on the American Polarity Therapy Association Board of Directors since 2020.

Mark serves as a teacher on the staff of the Yoga & Polarity Centers’ Human Consciousness Program and Polarity Therapy Training Programs and travels throughout the country speaking on and supporting the personal practice and professional development of Polarity Therapy as a dynamic healing arts practice.

With a passion for Native American Spiritual tradition and deep roots in ancient Hermetic wisdom, Mark has dedicated his life energy to the study, practice, and teaching of Indigenous Spiritual Wisdom, Polarity Therapy and Holistic Wellness.

With a proud nod to his twins - son Mark and daughter Samantha, Mark lives in Smithtown, Long Island with his wife Karen and their four-legged friends Molly and Leroy.